

Dental Implant- Post operative instructions

We have provided some instructions to help you heal properly and remain comfortable after having a dental implant placed.

Bleeding-Some bleeding or tenderness is normal for 24 hours following your procedure. Excess bleeding (when your mouth fills up with blood quickly) can be controlled by biting on the sterilized gauze pads that you were given. Fold and place the gauze directly on the site and apply constant biting pressure for approximately 30 minutes. Remove the gauze. If bleeding continues, please call our office for further instructions.

Swelling-Swelling may happen after surgery. To minimize swelling, apply an ice pack to the cheek in the area of the surgery. Apply for 10 minutes, and wait 10 minutes.

Prescriptions- If prescription pain medication was prescribed to you, please remain on the medication, taking it as instructed. If antibiotics were prescribed, please take as instructed to help prevent an infection and take the prescription until it is gone. Peridex-(a prescription oral rinse)- used as instructed until your next appointment with us.

Diet-Drinking plenty of fluids is important not only to your health, but also to your recovery. Stay hydrated, taking in water when ever possible. A soft diet is recommended for the day following your implant procedure. You can remain on a softer diet, until you feel comfortable chewing on that side. , or the day after your implant placement.

Hygiene instructions-You may continue to brush and floss as you usually would, but be gentle in the area where the implant was placed. Warm salt water rinses (1 teaspoon salt in a cup of warm water)may be used after eating and to promote healing. This can be done at any time following the dental implant procedure.

We will call to check and see how things are feeling the day after your procedure. We do this to insure that everything is going as expected and to see if there are any questions that you may have.

Please call our office at any time if you have any questions-(517) 351-1733

Mashni Dentistry Team